

Meditation Satsang

with Swami Nirmalananda

October 5 2019

Saturday 10:00 am - 12:00 pm

Experience deep meditation made easily accessible by one who has devoted her life to spirituality. Swami Nirmalananda is a monk in the ancient Saraswati order, who shares her incredible knowledge in a personal way through her humour as well as her caring presence.

Her satsang program includes a discourse as well as group chanting and meditation. If you are new to this approach, she makes it easy for you. Her programs are always wonderfully deep, supportive and life changing. Allow her to show you the truth of the highest teachings, as she guides you to the experience of your own Divine Essence.

Swami Nirmalananda Saraswati



A modern-day meditation master, Swamiji has more than 40 years of training and experience. She shares her knowledge in a personal and life-embracing way, through her humor as well as her caring presence. She makes deep meditation easy to learn and do.



LOCATION

Rehoboth Beach Yoga
20245 Bay Vista Rd., Ste. 101
Rehoboth Beach DE 19971

HOST

Kelly (Kushala) Sharp
302.226.7646
rehobothbeachyoga.com
kelly@rehobothbeachyoga.com

FREE

Donations accepted.
To register, email:
kelly@rehobothbeachyoga.com

